

NEURO-COACHING ACADEMY

WHAT IS LIFE COACHING

Coaching is a conversational yet focused discipline that support people in learning how to lead and manage themselves more effectively in relation to their issues, their resources and their potential.

BENEFITS OF LIFE COACHING

Gain clarity in your thinking.
Change limiting beliefs.
Be productive, effective and creative.
Develop deeper report and trust.

WHY CONTACT A LIFE COACH

Juggling to strike a balance between academics and social life?

How do I adapt to the social requirements of university?

How do I deal with academic problems?

Why are you not reaching your goals?

What is holding you back to be the best you?

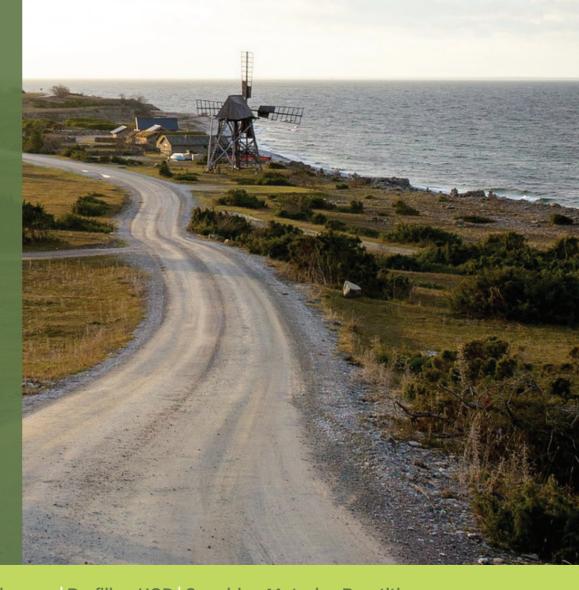
Do you want to be a leader?

I'm finished with my studies, now what?

DONOT LIMIT YOUR CHALLENGES CHALLENGE YOUR LIMITS

"No matter who you are, no matter how successful, no matter how happy, a life coach has something to offer you"

Hugh Jackman



GET IN TOUCH

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